

Recreation and Parks Management

Major

Minor

Concentrations in

- ADVENTURE SPORTS
- COMMUNITY PROGRAM DELIVERY
- HOSPITALITY MANAGEMENT & TOURISM
- THERAPEUTIC RECREATION

Professors:

Blankenship, Gray, Kauffman

Assistant Professor:

Dougherty

Affiliated Faculty:

Debra Frank, Allegany College of Maryland;
Mike Logsdon, Garrett College

- Program accredited by the Council on Accreditation of Parks, Recreation, Tourism and Related Professions (COAPRT)
- You are required to complete RECR 497, which includes attendance at one state, regional or national conference during your junior or senior year, and current certification in CPR and first aid.
- This program may also be completed at the Community College of Baltimore County - Catonsville. Interested students may contact Maureen Dougherty, coordinator of the FSU Recreation and Parks program at CCBC, 443.840.4603.
- Legal residents of Delaware may complete a recreation and parks management degree at Maryland resident tuition rates through the SREB Academic Common Market (ACM). You may retain your eligibility ONLY if you select the additional requirement options of a minor, an associate degree or a concentration. If you already have a bachelor's degree from another institution or pursue a second major at FSU, you are not eligible to participate in ACM.

Concentrations:	No Concentration	Comm. Prg. Delivery	Adventure Sports	Hospitality & Tourism	Thera. Recr.	MINOR
Hours Required in Department:	36	48	39	39	51	21
Hours Required in Other Departments:	3	18	12-13	9	29-32	0
Additional Hours Required:	0	0	15	19	0	0
Total Hours Required:	39	66	66-67	67	80-83	21

Summary of Requirements for Major/Minor in Recreation and Parks Management

Major

1. Discipline Core: (36 hours)

- RECR 201 Introduction to Recreation and Parks
- RECR 342 Park and Facility Design
- RECR 380 Recreation Leadership
- RECR 382 Program Planning
- RECR 388 Research Methods in Recreation and Parks
- RECR 440 Organization and Administration of Recreation and Parks
- RECR 443 Issues and Risk Management in Recreation and Parks
- RECR 491 Practicum and Professional Seminar
- RECR 492 Internship Project (*Capstone*)
- RECR 495 Internship in Recreation
- RECR 497 Out-of-class Requirements (*see bullets at left*)

2. Courses Outside Department: (3 hours)

- COSC 100/110 Intro. to Computer Science (*Tech. Fluency*)

3. Complete one of the following:

- a second major
- a minor
- an associate degree
- a bachelor's degree from another institution
- a concentration within the major as follows:

I. Community Program Delivery Concentration (27 hours)

A. Recreation: (12 hours)

Select four of the following:

- ADSP 381 Facilitation Skills and Techniques in Recreation and Parks
- RECR 100 Leisure and the Diverse American Culture (*GEP Group F*)
- RECR 384 Special Event Management
- RECR 393 History and Philosophy of Outdoor Recreation
- RECR 394 Environmental Interpretation
- RECR 448 Principles of Ecotourism
- RECR 480 Field Experience in Recreation and Parks (*3 credits*)
- HLTH 101 Community Health Promotion
- HLTH 125 Health and Culture (*GEP Group F*)
- HLTH 330 Epidemiology of Health
- ASI 110 Backcountry and Outdoor Living Skills*

B. Psychology: (6 hours)

- PSYC 150 General Psychology (*GEP Group D*)
- PSYC 210 Child Development
or PSYC 212 Adolescence and Adulthood

Minor

1. Required Courses: (6 hours)

- RECR 380 Recreation Leadership
- RECR 382 Recreation Programming

2. Electives: (15 hours)

Select five additional RECR courses, at least four of which must be at the 300- or 400- level, excluding field experiences and internships (RECR 480, RECR 492 and RECR 495).

C. Sociology: (6 hours)

- SOCI 100 Intro. to Sociology (*GEP Group D*)

Select one of the following:

- SOCI 200 Social Problems
- SOCI 322 Social Demography
- SOCI 325 Community Analysis
- SOCI 326 Sociology of Rural Life
- SOCI 328 Sociology of Urban Life
- SOCI 366 Social Inequality

D. Communications Studies: (3 hours)

Select one of the following:

- CMST 102/112 Introduction to Human Communications
- CMST 122 Introduction to Public Speaking
- CMST 215 Small Group Communication
- CMST 300 Interpersonal Communication
- CMST 322 Presentational Communication

* courses offered only at Garrett College

- The adventure sports concentration is a collaborative program between Garrett College and Frostburg State University.
- You may enroll in this program at Frostburg State University and take adventure sports courses at Garrett College, or you may complete your first two years at Garrett College and then transfer to FSU.
- If you complete the Adventure Sports concentration, you will be eligible to receive an AAS in adventure sports at Garrett College.
- Legal residents of South Carolina, Virginia and West Virginia may complete a recreation and parks management degree (adventure sports concentration only) at Maryland resident tuition rates through the SREB Academic Common Market (see Admissions section of the catalog).

II. Adventure Sports Concentration (27-28 hours)

A. Two ASI skills courses: (2 hours)*

Any two courses from Section B, C, D or E

B. Two Introductory Level Courses: (2 hours)*

Examples include but are not limited to:

- ASI 111 Beginning Orienteering
- ASI 115 Wilderness Survival Skills
- ASI 120 Introduction to Traditional Rock Climbing
- ASI 121 Rock Craft 1
- ASI 130 Introduction to Whitewater Kayaking
- ASI 131 Introduction to Paddlesports
- ASI 133 Introduction to Whitewater Canoeing
- ASI 136 Introduction to Rafting and River Guiding
- ASI 138 Introduction to Sea Kayaking
- ASI 140 Introduction to Cross Country Mountain Biking
- ASI 145 Mountain Bike Mechanics I
- ASI 150 Beginning Alpine Skiing
- ASI 154 Beginning Snowboarding
- ASI 158 Cross Country Skiing
- ASI 159 Introduction to Telemark Skiing
- ASI 180 Introduction to New Games-Initiatives/Low Ropes Challenge Course
- ASI 190 Beginning Open Water SCUBA
- ASI 192 Basic Sailing

C. Three Intermediate Level Courses: (3 hours)*

Examples include but are not limited to:

- ASI 117 Cold Weather Outdoor Living Skills
- ASI 210 Winter Adventure Skill
- ASI 212 Eastern Mountaineering
- ASI 220 Rock Craft 2
- ASI 221 Rock Craft 4
- ASI 222 Rock Craft 5
- ASI 226 Ice Climbing
- ASI 230 Whitewater Kayaking Techniques I
- ASI 231 Whitewater Kayaking Techniques II
- ASI 232 Whitewater Freestyle Kayaking
- ASI 233 Whitewater Canoeing Techniques I
- ASI 236 Whitewater Rafting Technique Development
- ASI 238 Sea Kayaking Techniques I
- ASI 240 Intermediate Cross Country Mountain Biking
- ASI 244 Downhill and Dual-Slalom
- ASI 247 Mountain Bike Mechanics Certification
- ASI 258 Cross Country Skiing Techniques I
- ASI 280 Intermediate Ropes Course

D. One Instructor/Guide Level Course: (1 hour)*

Examples include but are not limited to:

- ASI 270 Rock Craft 6: Rock Climbing Instructor Development
- ASI 271 Wilderness Guide Instructor Training (LNT Master Educator)
- ASI 273 Mountain Bike Guide Development and Certification
- ASI 274 Ski School Instructor Training
- ASI 276 Whitewater Kayak Instructor Training
- ASI 277 Whitewater Rafting Instructor Training
- ASI 279 Challenge Course Facilitation

E. One Rescue Level Course: (1 hour)*

Examples include but are not limited to:

- ASI 160 Swift Water Rescue
- ASI 162 Fundamentals of Search and Rescue
- ASI 260 Rock Craft 3: Vertical Rock Rescue

F. Take all of the following: (9 hours)

- ASI 110 Backcountry Living Skills *
- ASI 164 Wilderness First Responder *
- RECR 393 History and Philosophy of Outdoor Recreation
or HUM 210 Society & the Environment *

G. Communications Studies: (3 hours)

Select one of the following:

- CMST 102/112 Intro to Human Communications
- CMST 122 Introduction to Public Speaking
- CMST 132 Introduction to Interpersonal and Small Group Communication
- CMST 215 Small Group Communication

H. Select two of the following: (6-7 hours)

- ACCT 211 Financial Accounting
- BIO 110 Natural History (4 credit hours) *
- MGMT 251 Management of Organizations
- MGMT 315 New Business Ventures
- PSYC 150 General Psychology (GEP Group D)
- PSYC 210 Child Psychology
- PSYC 212 Adolescence and Adulthood
- PSYC 317 Abnormal Psychology
- PSYC 385 Group Processes
- PSYC 386 Drugs and Human Behavior
- PSYC 410 Introduction to Counseling
- RECR 394 Environmental Interpretation
- RECR 448 Principles of Ecotourism

- The hospitality & tourism concentration is a collaborative program with Allegany College of Maryland (ACM).
- You may enroll in this program at Frostburg State University and take the hospitality courses at ACM, or you may complete your first two years at ACM and then transfer to FSU.

III. Hospitality Management & Tourism Concentration (27 hours)

A. Recreation courses: (3 hours)

- RECR 384 Special Events Management
- RECR 448 Principles of Ecotourism

B. Tourism courses: (3 hours)

- GEOG 454 Geography of Tourism
or GEOG 455 Tourism Planning
or **30-120 Principles of Travel/Tourism

C. Hotel and Resort courses: (19 hours)

- **30-110 Food Service Sanitation

- **30-160 Quantity Food Production
- **30-203 Food Purchasing, Inventory and Cost Control
- **30-204 Menu Planning and Food Merchandising
- **30-205 Food and Beverage Cost Control
- **30-209 Hotel/Motel Front Office Management
- **30-215 Hotel/Motel Property Management

D. Business courses: (3 hours)

- ACCT 211 Financial Accounting
or **61-109 Practical Accounting/Bookkeeping

*Garrett College courses

**Allegany College of Maryland courses

- The therapeutic recreation concentration prepares you to sit for the National Council for Therapeutic Recreation Certification Exam.
- You may complete the B.S. in Recreation and Parks Management with a therapeutic recreation concentration at the main campus or at the CCBC Catonsville campus.
- You may complete a minor in either Psychology or Sociology by taking several additional courses.

IV. Therapeutic Recreation Concentration (41-44 credits)

A. Complete a 560-hour consecutive internship under both NCTRC-certified site and internship supervisors.

B. Recreation Courses: (15 hours)

RECR	221	Introduction to Therapeutic Recreation
RECR	321	Therapeutic Recreation Practices and Procedures
RECR	421	Client Assessment and Evaluation in Therapeutic Recreation
RECR	422	Administration and Supervision of Therapeutic Recreation
RECR	423	Advanced Facilitation Methods for Clinical and Community Setting in Therapeutic Recreation

C. Anatomy and Physiology: (4 hours)

BIOL	211	Essentials of Anatomy and Physiology or BIOL 109 Anatomy and Physiology I***
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D. Abnormal Psychology: (3 hours)

PSYC	317	Abnormal Psychology or PSYC 201 Abnormal Psychology***
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E. Human Growth and Development through the Life Span: (3-6 hours)

PSYC	103	Principles of Human Growth/Development*** or PSYC 208 Introduction to Lifespan Development or PSYC 210 Child Psychology and PSYC 212 Adolescence and Adulthood
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F. Human Services and Related Biological and Physical Sciences: (16 hours)

BIOL	149	General Biology I (GEP) (4) or BIOL 101 General Biology (4)***
PSYC	150/151	General Psychology (GEP) or PSYC 101 Introduction to Psychology***

Select 3 courses from:

BIOL	202	Anatomy and Physiology II
PSYC	213	Psychology of Adjustment
PSYC	250	Death and Dying
PSYC	404	Psychology of Exceptional Children
PSYC	409	Human Learning and Cognition
PSYC	418	Social Psychology
PSYC	489	Child and Adolescent Disorders
PSYC	410	Introduction to Counseling
SOCI	100	Introduction to Sociology (GEP)
SOCI	200	Social Problems
SOCI	203	Sociology of Deviant Behavior
SOCI	340	Criminology
SOCI	442	Juvenile Delinquency
SOCI	468	Sociology of Later Life
PHEC	303	Biomechanics for Exercise Science
SOCI	101	Introduction to Sociology***
BIOL	202	Human Anatomy and Physiology II***
BIOL	201	Human Anatomy and Physiology I***

**Allegany College of Maryland courses

*** CCBC, Catonsville courses