

**2. Required Courses in Other Departments: (8 hours)**

- BIOL 149 General Biology I (*GEP Group C*)
- BIOL 211 Essentials of Anatomy and Physiology

**3. Recommended Courses in Other Departments:**

- GEOG 104 Human Geography
- IDIS 150 Health in America (*GEP Group E*)
- PSYC 150 General Psychology (*GEP Group D*)

**4. Professional Education Sequence (40 hours)**

- Phase I (9 hours)**
- HPED 310 Technology in Health and Physical Education
  - HPED 416 Curriculum Design in Health and Physical Education
  - REED 317 Content Area Reading

- Phase II (18 hours)**
- EDUC 392 K-12 Field Experience
  - HPED 402 Adapted Physical Education
  - HPED 404 Health Instruction
  - HPED 408 Elementary Methods of Physical Education
  - HPED 418 Secondary Methods of Physical Education
  - REED 418 Reading and Writing Connections

- Phase III (14 hours)**
- EDUC 406 Leadership Seminar
  - HPED 497 Teaching Internship: K-12 Programs (*Capstone*)

**5. Other Graduation/Program Exit Requirements**

- Successful presentation of a portfolio that meets institutional, Maryland state and national standards
- Verification of taking Praxis II Health Education and Physical Education: Content and Design required by the Maryland State Department of Education before Phase III

# Health Promotion

Minor

	MINOR
<b>Total Hours Required:</b>	21

**Coordinator:**

Susan Gray,  
Professor, Department of  
Kinesiology and Recreation

- The curriculum is based on the professional responsibilities and competencies for health education and health promotion specialists developed by the American Association of Health Education.
- You cannot major in health promotion.

## Summary of Requirements for Minor in Health Promotion

**Minor**

(21 hours)

- HLTH 101 Community Health Promotion
- HLTH 125 Health and Culture (*GEP Group F*)
- HLTH 330 Epidemiology of Health
- HLTH 405 Sexuality
- HLTH 430 Methods and Materials for Health Promotion
- HLTH 435 Health Promotion Programming  
or RECR 382 Program Planning
- HLTH 483 Field Experience in Health Promotion (3 cr.)