

ADDICTIONS COUNSELING

Addictions Counseling

Emphasis

Coordinator:

Dr. Lisa Morshead, Assistant Professor, Department of Psychology

- You cannot major or minor in addictions counseling.

Frostburg State University offers an Emphasis in Addictions Counseling to help prepare you to be a licensed addiction counselor. The University also offers additional courses you can take to prepare for state certification. Below is information on FSU's Emphasis followed by information on Maryland state certification.

Emphasis in Addictions Counseling at Frostburg State University

Complete a minimum of 16 credit hours distributed as follows:

a. Required Courses: (13 hours)

ALL of the following:

- PSYC 150/151 General Psychology (GEP Group D)
 PSYC 386 Drugs and Human Behavior
 PSYC 387 Addictions Treatment Delivery
 PSYC 388 Treatment Issues and Theory in Addictions
 PSYC 389 Ethics for the Addiction Counselor

b. Elective: (3 hours)

Select ONE of the following:

- PSYC 385 Group Processes
 PSYC 410 Introduction to Counseling
 SOWK 379 Foundations for Generalist Practice
 SOWK 473 Generalist Practice with Groups

Additional Maryland State Certification Information

The Board of Professional Counselors and Therapists oversees the following regulations for Addictions Counselors in Maryland. There are two levels of Maryland state certification relevant to the undergraduate student, which are briefly described below. These levels pertain to those who want to apply for and take the state exam above and beyond any requirements for the undergraduate major. For complete requirements, contact:

Board of Professional Counselors and Therapists
 4201 Patterson Ave.
 Baltimore, MD 21215-2299
 410.764.4732

Certified Supervised Counselor – Alcohol and Drug (CSC-AD):

- Associate degree in a health or a human service counseling field
- 15 credit hours of alcohol and drug counselor training with at least 1 credit hour in ethics of alcohol and drug counseling and the remaining credits from the list of topics areas (see below).

Certified Associate Counselor – Alcohol and Drug (CAC-AD):

- Bachelor's degree in a health or human services counseling field.*
 - At FSU, students majoring in psychology or social work are automatically eligible, while majors in law and society, sociology or other areas will be considered on a case-by-case basis.
- 20 credit hours of alcohol and drug counselor training with at least 1 credit hour in ethics of alcohol and drug counseling and the remaining credits from the list of topics areas (see below).

*Completing one of these degree programs AND taking the required alcohol and drug counselor training courses are the first steps in meeting certification requirements. At the bachelor's degree level you must also have at least three years or 3,000 hours of supervised experience, and two years of the experience must have been completed after the award of the degree. You will also have to pass an examination selected by the Board.

List of Topic Areas

The credit hour requirement must be satisfied from the following content areas. Each area is followed by the appropriate FSU course(s); all are 3-credit courses except Ethics. Be aware that although bachelor's degree counselors need only 20 credit hours from the following list to satisfy the course requirement, **your examination will cover ALL CONTENT AREAS.**

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|---------------------------------------|--------------------|
| 1. Pharmacology of Psychoactive Drugs | PSYC 386 |
| 2. Individual Counseling Techniques | PSYC 410, SOWK 379 |
| 3. Group Therapy Techniques | PSYC 385, SOWK 473 |
| 4. Abnormal Psychology | PSYC 317 |

5. Addictions Treatment Delivery	PSYC 387
6. Treatment Issues and Theory in Addictions	PSYC 388
7. Family Counseling**	no undergraduate course offered
8. Theories of Counseling and Psychotherapy	no undergraduate course offered
9. Human Life Span Development	PSYC 208 or PSYC 210 and 212, SOWK 375
10. Ethics for the Addiction Counselor (1 credit hour)	PSYC 389

**Although FSU does not currently offer an undergraduate course in family counseling, SOWK majors taking SOWK 470, Generalist Practice with Individuals and Families, will find this course helpful in their preparation for family counseling issues covered on the examination.

African American Studies

Minor

	MINOR
Hours Required in African American Studies:	3-18
Hours Required in Other Departments:	0-15
Total Hours Required:	18

Coordinator:

Dr. Amy Armiento, Associate Professor, Department of English

Professors:

Bullamore, Saku (Geography), Makang (Philosophy), Moore (Sociology), O'Rorke (Political Science), Yost-Rushton (Theatre and Dance)

Associate Professors:

Abbay (History), Redmond (Psychology), Rogers Thomas (Sociology)

Assistant Professor:

English (Visual Arts)

Lecturers:

Stevenson (Athletics), Wynder (Diversity Center)

- You may minor in African American Studies. There is no major available.
- All courses in African American Studies may be taken whether or not you wish to pursue the minor.
- A listing of Special Topics courses offered for the minor in future semesters is available through the Coordinator.

Summary of Requirements for Minor in African American Studies

Minor

1. Required Core Course: (3 hours)

AAST 200 Introduction to African American Studies (GEP Group F)

2. Elective Courses: (15 hours)

AAST 300/HIST 301 Traditional Africa
 AAST 400 Africans of the Diaspora (GEP Group F)
 AAST 425 History of African American Theatre
 AAST 490 Topics in African American Studies
 AAST 494 AAST Practicum
 ART 302 Artistic Traditions: Africa and the Americas (GEP Group F)
 ENGL 231 African American Literature (GEP Group F)
 GEOG 324 Urban Geography
 GEOG 403 Geography of Sub-Saharan Africa
 HIST 353 Contemporary Africa
 PHEC 415 The Black Athlete in American Society
 PHIL 311 Asian and African Philosophy (GEP Group F)
 POSC 330 Politics of Africa
 PSYC 325 African American Psychology
 PSYC 450 Multicultural Counseling
 SOCI 305 Racial and Cultural Minorities (GEP Group F)
 SOCI 306 Sociology of African Americans
 SOCI 307 African Americans of Appalachia

Special Topics courses numbered 290, 403, 490 or 491 in the participating departments when approved by Coordinator. Independent Studies courses numbered 499 when approved by the Coordinator, limited to one 3-hour total enrollment.